







 <p>Fondazione IRCCS San Gerardo dei Tintori</p> <p>Sistema Socio Sanitario</p>  <p>Regione Lombardia</p>	<p>Educational sheet</p> <p>Method for 24-hour urine collection</p>		<p>Rev. 1 05/04/23</p> <p>Page 1 / 1</p> <p>LAG-AMB-FE-004</p>
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Use only suitable containers. It is possible to collect the 24-hour urine collection kit (3-liter bin + vacuum tube) free of charge from the sampling point.

In the event of collections with volumes exceeding 3 litres, use a suitable second container.

1	When you wake up (for instance at 6:00), empty the bladder by discarding the urine in the toilet.	 
2	<ul style="list-style-type: none"> - Collect the subsequent urine of the entire day in the bin, including the early morning urine of the next day (first morning urination). Store in a cool and dry place. - When the collection is over, gently shake the bin to mix the urine. 	
3	<ul style="list-style-type: none"> - Check the volume of urine collected on the graduated scale of the bin. - Write the measured value (expressed in ml) on the test tube label. 	<p>Check the volume of urine collected on the graduate →</p>  <p>← Write the volume collected, expressed in ml, on the test tube label</p>
4	Remove the label on the small container cap.	 
5	<ul style="list-style-type: none"> - Insert the test tube with the orange cap pointing downwards and press firmly: the urine automatically flows into the test tube; wait until it is completely filled. - Discard the remaining urine. - Deliver the test tube to the Sampling Centre on the morning when you complete the collection. 	

If in doubt, deliver the bin directly to the Sampling Centre staff.

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