

Faecal calprotectin dosage

LAG-AMB-FE-009

- *Dear User*, the determination of faecal calprotectin is a useful test to assess the presence of inflammation in the intestine and is indicated in the suspicion of diseases such as chronic inflammatory bowel disease (IBD) or for **monitoring their activity**. We recommend that you follow the instructions below for the correct execution of your examination.
- It is recommended that the sample be delivered between **7 and 9:30** at the room dedicated to the delivery of biological materials in the Sample collection centre.
- **ATTENTION KEEP AWAY FROM CHILDREN.**

How to collect the STOOL sample

1. **Unscrew and remove the cap of the collection container**
2. **Swipe the stick over the faeces several times horizontally and vertically**
3. **Insert the stick into the bottle**
4. **Screw in and shake**

- **What to do**

- No fasting or special diets are required.
- Stool of any consistency is eligible for examination.
- It is recommended to collect the sample in the morning, otherwise, for subsequent tests, always collect within the same time frame.
- If multiple samples are required, collect samples on different days, on different bowel movements.

- Collect faeces in a clean and dry container, avoiding contact with water from the toilet (it is recommended to use paper or a suitable collector).

- **What to avoid**

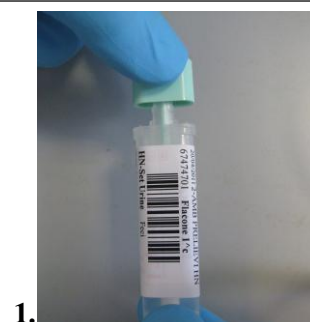
- Do not collect the sample if there is visible blood in the stool or urine (e.g. menstruation, bleeding haemorrhoids or urinary infection).
- Avoid the use of medicines that may interfere with the examination:
 - Proton pump inhibitors (PPIs): discontinue at least 4 weeks prior.
 - Steroid anti-inflammatory drugs: discontinue at least 2 weeks before, unless otherwise specified by your treating doctor.

- **After the collection**

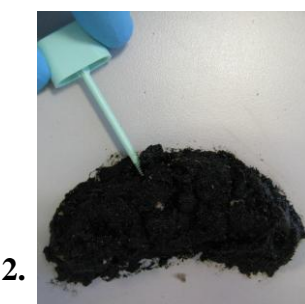
- Store the container in the refrigerator and no longer than 72 hours.
- After this period, it is recommended that the sample be delivered as soon as possible to the Sample collection centre, contained in the appropriate transport bag provided by the laboratory.

- **Warnings**

- Do not swallow the liquid contained in the container.
- In case of accidental contact with eyes, mouth or skin, rinse with plenty of water and, if necessary, consult a doctor.



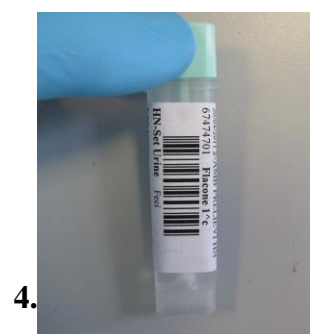
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